

The Rules and Manners of Bicycles: A Guide for Foreign Residents

Before Riding:

1. Get Bicycle Insurance

Hurting someone in a bicycle accident may require you to pay a large sum of money in compensation. Insurance will cover most of those costs.



How do I get bicycle insurance?

You can get bicycle insurance at any store that sells bicycles. Bicycle insurance only lasts for one year, so you'll have to renew it each year.



2. Register for Anti-Theft Protection

Registering for anti-theft protection increases the chance of your bicycle being found quickly if stolen.



How do I register for anti-theft protection?

You can register at any store that sells bicycles. Please update your registry when you sell or give your bike to someone.

Remove your registry when you get rid of your bicycle.



While Riding:

3. Wear a Helmet

About 60% of people that die in bicycle accidents do so because of trauma to the head. Protect yourself in the event of an accident by wearing a helmet.



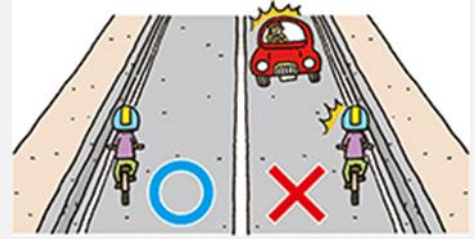
4. Follow the Rule of the Road

Breaking the rules of the road may result in fines or arrest by the police. Be sure to follow the rules outlined on the following page.



Rules of the Road for Bicycles:

- (1) Ride on the left side of the road (or the sidewalk depending on the situation).
- (2) Please ride slowly and close to the road when on the sidewalk. Make sure to **yield to pedestrians**.

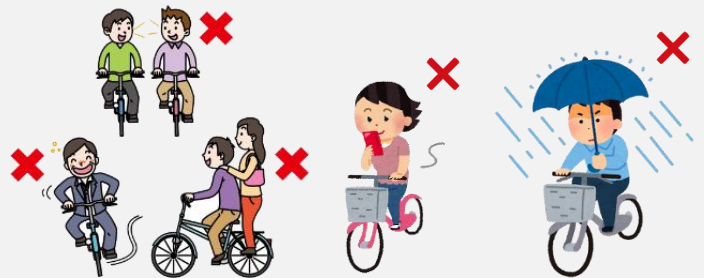
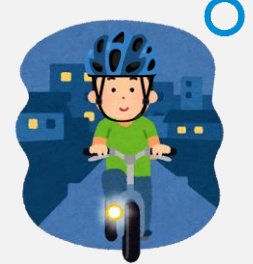
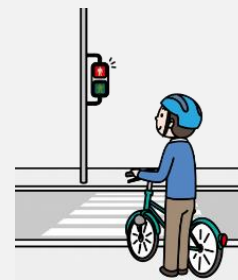


When to Ride on the Sidewalk

- ① When the signs to the right are present.
- ② If you're a child, elderly person, or have a disability.
- ③ When it's dangerous to ride on the road (such as during road construction).



- (3) Obey the traffic signals.
- (4) Use a bicycle light when it's dark out.
- (5) Ride in a line, not next to other cyclists.
- (6) Don't use earbuds or your phone while riding.
- (7) Don't use an umbrella while riding.
- (8) Don't cycle after drinking alcohol.
- (9) Don't ride with two people on one bicycle.



Videos Explaining the Rules of the Road

- Japanese https://www.youtube.com/watch?v=A_8ETiJitM
- English <https://www.youtube.com/watch?v=MurfsFk8CZ4>
- Chinese <https://www.youtube.com/watch?v=8ldVPg1jF5g>
- Nepalese <https://www.youtube.com/watch?v=eaZq4wkl0ik>
- Vietnamese <https://www.youtube.com/watch?v=vP3FhSB6QWg>



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